

CONTENTS

<i>List of Acronyms and Abbreviations</i>	<i>xv</i>
<i>List of Figures and Tables</i>	<i>xxi</i>
<i>Preface</i>	<i>xxxiii</i>

Part I Introduction

1	Introduction to the U.S. Health Services System	3
	Introduction	3
	Overview of the U.S. Health Services System	4
	The Roemer Model of a Health Services System	5
	System Values: Access, Cost and Expenditures, and Quality	8
	Organization of the Book	9
	Key Words	10
	References	10
2	An Overview of the U.S. Health Services System and Its Users	11
	Introduction	11
	An Overview of the U.S. Health Services System	11
	Distinguishing Health from Illness and Disease	15
	U.S. Health Status Compared to Other Industrialized Countries	23
	Factors That Affect Care-Seeking Behavior	26
	Utilization of Health Services	27
	Models of Health Services Utilization	30
	The Effects on Health Status of Receiving Health Services	41
3	Access to Health Services	47
	Introduction	47
	Defining Access	47
	Factors Affecting Access to Health Services	49
	Financial Access to Health Services	52

Potential Adverse Outcomes Associated with Lack of Access or Unconstrained Access to Health Services61
Access to Health Services for the Uninsured63
A Focus on Health Disparities68

Part II System Organization

4 Organization of the U.S. Health Services System77
Introduction77
Public Health Roles and Functions77
Ministry of Health78
Other Ministry-Level Health Functions in the U.S. System88
Quasi-Governmental Organizations88
Voluntary Agencies in the U.S. Health Services System89
Enterprises in the U.S. Health Services System90
The Private Market in the U.S. Health Services System90

Part III System Management

5 Management of the U.S. Health Services System97
Introduction97
Planning97
Administration100
Legislation101
Regulation101

Part IV Economic Support

6 Health Insurance: The Major Financing Mechanism for the U.S. Health Services System111
Introduction111
General Insurance Concepts112
Concepts Specific to Health Insurance113
Evolution of Health Insurance as the Primary Mechanism for Financing Health Services117
Regulation of Health Insurance155
Proposed Changes in the U.S. Health Insurance Industry159
7 Financing the U.S. Health Services System181
Introduction181
How Health Services Are Financed181

Reasons for Growth in Health Services Expenditures	192
Projections of U.S. Health Services Expenditures	201
Efforts to Contain Health Services Costs and Expenditures	201
Provider Payment Mechanisms	204
Implications of Increasing Health Services Expenditures	209

Part V Resource Production

8 The Health Services Workforce	221
Introduction	221
Physicians	222
Issues Facing the U.S. Medical Profession	230
Other Types of Health Services Providers	237
Midlevel Practitioners	237
Nurses	242
Pharmacists	245
Dentists	248
Health Services Administrators	250
Complementary and Alternative Medicine (CAM) Providers	251
9 Hospitals	259
Introduction	259
Development of the Hospital in the U.S. System	259
The Hospital in Today's Health Services System	260
The Hospital in Transition	278
10 Biomedical Research, Health Services Technology, and Technology Assessment	289
Introduction	289
Biomedical Research	289
Health Services Technology	293
Technology Assessment	306
The Role of Health Technology in a Changing Health Services System	309

Part VI The Delivery System

11 Overview of the U.S. Health Services Delivery System	319
Introduction	319
The Continuum of Health Services in the U.S. System	319
How Health Services Are Delivered	324

	Care of Special Disorders and Populations	329
	Quality of Care	329
12	Health Promotion and Disease Prevention	331
	Introduction	331
	Health Promotion	331
	Health Protection	335
	Disease Prevention: Primary, Secondary, and Tertiary	337
	Health Promotion, Health Protection, and Disease Prevention Issues in the U.S. Health Services System	338
13	Primary Care	343
	Introduction	343
	Defining Primary Care	343
	Primary Care Providers	344
	Access to and Utilization of Primary Care	345
	Primary Care Issues in the U.S. Health Services System	349
14	Secondary Care	353
	Introduction	353
	What Is Secondary Care?	353
	Who Provides Secondary Care?	353
	Access to and Utilization of Secondary Care	357
	Utilization of Secondary Services	359
	Policy Issues Related to Secondary Care	361
15	Long-Term Care	367
	Introduction	367
	Defining Long-Term Care	367
	Individuals and Populations Requiring LTC Services	368
	Long-Term Care Providers	370
	Utilization of LTC Services	387
	LTC Financing	395
	Policy Issues Surrounding LTC	399
16	Tertiary Care	405
	Introduction	405
	Defining Specialty Medical Care	405
	Specialty Care Providers	406
	The AHC as a Provider of Tertiary Care	406

	Policy Issues Facing AHCs	407
17	Palliative Care	413
	Introduction	413
	Defining Hospice Care	413
	Hospice Care Providers	413
	Utilization of Hospice Care	415
	Policy Issues Surrounding Palliative Care	417
18	The Care of Special Populations and Special Disorders	423
	Introduction	423
	Defining Mental Illness	423
	Mental Illness Care Providers	425
	Utilization of Treatment Services	429
	Expenditures for Mental Health Services	432
	Policy Issues Related to the Care of People with Mental Illness	433
19	The Health Services Delivery System: Managed Care	439
	Introduction	439
	Definitions of Managed Care	439
	The Shift from Fee-for-Service to Managed Care in the U.S. Delivery System	440
	Models of Managed Care	445
	Strengths and Weaknesses of Managed Care	453
	Managed Competition	456
	Managed Care Market Share	456
	Policy Issues Surrounding Managed Care	460
 Part VII Measuring Outcomes of the Delivery System		
20	Issues in Quality of Care	475
	Introduction	475
	Quality of Care: Working Definitions	476
	Development of a Quality Focus in the U.S. System	477
	Major Quality-of-Care Initiatives	482
	Measuring Quality of Care	483
	Monitoring and Regulating Quality of Care	488
	Quality-of-Care Policy Issues	491

Part VIII Future Directions of the Delivery System

21	Continuing Change in the U.S. Health Services Delivery System	499
	Introduction	499
	What Is Changing in the U.S. Health Services Delivery System?	499
	Why Are Changes Occurring in the Health Services System?	504
	What Are Some Effects of Change on System Participants?	505
	Likelihood of Future Change	508
	<i>Glossary of Key Words</i>	511
	<i>Bibliography</i>	545
	<i>Index</i>	569
	<i>About the Author</i>	589