**INTERVIEW HIGHLIGHTS**

The most important part in global medicine is that we should not only have a knowledge and practice to the patients' needs, and this is the main driver for a lot of clinicians. We need to be able to tailor our knowledge and practice to the patients' needs, and this is the main driver for a lot of clinicians.

When the interviewees of the podcast were surveyed, they were all satisfied with the experience. When asked what they learned about themselves they indicated:

- ‘everyone has struggles’
- ‘There is more resilience in me than I ever realized’

**RESULTS:**

Among the non-physician responders of the survey, 50% indicated that they had listened to at least one podcast episode of the series and 55% of them had listened to over 78% indicated that the podcasts had impacted their life choices.

**CONCLUSION:**

Podcasts are an effective means to promote mentorship and professional leadership development through the dissemination of staff experience. They allow for ongoing and asynchronous learning and professional leadership development through the dissemination of staff experience. They're doing it because they find meaning in their work. That is important to them.

**REFERENCES**


**CONTACT**

Erika M. Pagel, MD; Ivana T. Croghan, PhD; Amy M. Fratianni; Amit K. Ghosh, MD, MBA; Karthik Ghosh, MD; Carole L. Kuhle, DO,MPH; Erin M. Pagel, MD; Grace, Inspiration, Fulfillment, Timeless, Soulful (G.I.F.T.S.)

**INTERVIEW QUESTIONS**

- From the last Century -the needs of the patients come first - which is the Mayo Clinic motto, how did this transform over time?
- What’s most important to you about your job?
- What's the most important thing you learned during this time?

**CHALLENGES AND SOLUTIONS**

- Time to learn, current, journal
- In the busy work schedule of the healthcare professional, the podcasts were one of the most appreciated tools/techniques to learn new things outside of work.

**KEY TAKEAWAYS FOR STAKEHOLDERS**

- May not be in a medical setting or organization as buildings, it’s people that are more resilient and trying to take care of patients. We’re not always doing things but making sure that they’re doing.

**IMAGES**

Podcast interviewee and general internal medicine colleagues and staff

**METHODOLOGY**

**PRODUCTION LOGISTICS**

- **Timing:**
  - **Duration:** 15-20 minutes
  - **Frequency:** 1 episode every 2-3 months

**INTERVIEWEES**

- **Number:** 8

**LISTENING AUDIENCE**

- **Number:** Over 1,000 hits (views)

**production logistics**

- The purpose of the GIFTS podcast is to allow insight into the journey of each guest faculty (mid to late career) interviewed on their journey to arrive at where they are now.

**IMPRESSIONS**

- “We may not achieve everything that we desired but when we examine our lives together, it is a moment of gratitude, camaraderie, and effort to reach out to colleagues with the message "One message that rang clear and loud from the podcasts was a feeling of unity among colleagues.”

- “I know you will always be a wonderful clinician, but to be successful at Mayo, I want you to expand your horizons to more than just a clinician, where you can excel in research and education, as well as in an administrative role. By doing so, you will not only be successful in your work, but also in the practice of medicine.”

**CONCLUSION**

Successful podcasts need to be a community of learners, fostering meaning, purpose, and identity. They transcend barriers of time and space and facilitate mentorship and education. They offer a platform for leaders and learners to share their experiences and knowledge, creating a sustainable platform for professional and leadership development and sustainable solutions for the performance and work culture within healthcare.